

STATE GOAL 21: Develop skills necessary to become a successful member of a team by working with others during physical activity.

Why This Goal Is Important: As members of teams, students need to fill the role of leader at times and participant at other times. Knowing how to follow procedures, accept leadership from others, participate actively, and lead when appropriate will serve the student on and off the playing field. Students need to know the elements of teamwork (communication, decision making, cooperation, leadership) and how to adjust individual needs to team needs. Students also need to be able to recognize each member's contributions, including their own.

A. Demonstrate personal responsibility during group physical activities.

| EARLY ELEMENTARY | LATE ELEMENTARY | MIDDLE/JUNIOR HIGH SCHOOL | EARLY HIGH SCHOOL | LATE HIGH SCHOOL |
|---|---|--|--|---|
| 21.A.1a Follow directions and class procedures while participating in physical activities. | 21.A.2a Accept responsibility for one's own actions in group physical activities. | 21.A.3a Follow directions and decisions of responsible individuals (e.g., teachers, peer leaders, squad leaders). | 21.A.4a Demonstrate decision-making skills both independently and with others during physical activities. | 21.A.5a Demonstrate individual responsibility through use of various team-building strategies in physical activity settings (e.g., etiquette, fair play, self-officiating, coaching, organizing a group activity). |
| 21.A.1b Use identified procedures and safe practices with little or no reinforcement during group physical activities. | 21.A.2b Use identified procedures and safe practices without reminders during group physical activities. | 21.A.3b Participate in establishing procedures for group physical activities. | 21.A.4b Apply identified procedures and safe practices to all group physical activity settings. | |
| 21.A.1c Work independently on tasks for short periods of time. | 21.A.2c Work independently on task until completed. | 21.A.3c Remain on task independent of distraction (e.g., peer pressure, environmental stressors). | 21.A.4c Complete a given task on time. | |

B. Demonstrate cooperative skills during structured group physical activity.

| EARLY ELEMENTARY | LATE ELEMENTARY | MIDDLE/JUNIOR HIGH SCHOOL | EARLY HIGH SCHOOL | LATE HIGH SCHOOL |
|--|--|---|--|--|
| 21.B.1a Work cooperatively with another to accomplish an assigned task. | 21.B.2a Work cooperatively with a partner or small group to reach a shared goal during physical activity. | 21.B.3a Work cooperatively with others to accomplish a set goal in both competitive and non-competitive situations (e.g., baseball, choreographing a dance). | 21.B.4a Work cooperatively with others to achieve group goals in competitive and non-competitive situations (e.g., challenge course, orienteering). | 21.B.5a Demonstrate when to lead and when to be supportive to accomplish group goals. |